

# Speakers Bureau



...a special service providing  
speakers for public/private  
sector meetings and events.

Topics are of interest to  
an aging society.

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Coordinated by

**The Illinois**  
**Department on Aging**

**Senior HelpLine:**  
**1-800-252-8966**

(Voice and TTY)

**Jim Edgar**, Governor  
State of Illinois

**Maralee I. Lindley**, Director  
Illinois Department on Aging

# TOPICS

## **AGING**

- ❖ A demographic profile of the elderly
- ❖ Adult day care, a service that can help meet the needs of older people and their caregivers
- ❖ Gatekeeper and Youth Gatekeeper Programs (telephone referral assistance for the frail elderly involving customer contact employees and concerned citizens)
- ❖ Grandparents Raising Grandchildren
- ❖ Illinois READS (Retirees Educating and Assisting in the Development of Students), an intergenerational tutoring program
- ❖ Older women's issues
- ❖ Overview of services available for older adults
- ❖ Retirement

## **EDUCATION**

- ❖ Adult education
- ❖ Elderhostel, an academic program combining learning with travel
- ❖ Rules of the Road review courses/defensive driving

## **EMPLOYMENT**

- ❖ Displaced homemakers
- ❖ Older workers -- Senior Community Service Employment Program
- ❖ Job Service, Job Training Partnership Act (JTPA)

# **P E A K E R S   C A N   D I S C U S S . . .**

## **HEALTH**

- ❖ Alcohol and substance abuse prevention
- ❖ Mental health programs and services
- ❖ Nutrition
- ❖ Physical fitness for older adults
- ❖ Prescription and generic drugs
- ❖ Special services and devices for the disabled
- ❖ Understanding the aging process

## **ILLINOIS HISTORY**

- ❖ Museums and historical sites
- ❖ State Historical Library collections

## **HOUSING**

- ❖ Housing options and zoning

## **INCOME BENEFITS/ASSISTANCE**

- ❖ Circuit Breaker/Pharmaceutical Assistance, property taxes, deferred taxes, exemptions
- ❖ Low Income Home Energy Assistance Plan (LIHEAP), home weatherization, energy assistance
- ❖ Social Security

## **INSURANCE**

- ❖ Consumer issues
- ❖ Long Term Care Insurance
- ❖ Medicare
- ❖ Senior Health Insurance Program (SHIP)

## **LEGAL ISSUES/CRIMES/ABUSE**

- ❖ Advance Directives:
  - ◆ Living Wills
  - ◆ Powers of Attorney
- ❖ Elder abuse, neglect and financial exploitation
- ❖ Legal programs/victim assistance
- ❖ Property and personal protection
- ❖ Protection from consumer fraud

## **LONG TERM CARE**

- ❖ Nursing Homes
  - ◆ Ombudsman Program
  - ◆ Regulations, inspections, general information
- ❖ Overview of long term care options, including the Illinois Department on Aging's Community Care and Choices for Care Programs

## **PUBLIC ASSISTANCE PROGRAMS**

- ❖ Food stamps
- ❖ Medicaid Program
- ❖ Health care services
- ❖ Supplemental Security Payments

## **RECREATION/LEISURE**

- ❖ Camping, hunting, fishing
- ❖ Parks and recreation
- ❖ Senior Olympics
- ❖ Tourism

*(Topics continue on back.)*



## RETIREMENT BENEFITS PROGRAMS

- ❖ Retired teachers
- ❖ State employees

## VETERANS' PROGRAMS

## VOLUNTEERISM

- ❖ American Association of Retired Persons (AARP)
- ❖ Illinois READS intergenerational tutoring program
- ❖ Retired Senior Volunteer Program (RSVP)

### HOW TO USE THE SPEAKERS BUREAU . . .

This special service is available to groups in both the public and private sectors that can guarantee at least 25 attendees for presentations. Phone in your request to the Illinois Department on Aging Senior HelpLine, **1-800-252-8966** (voice and TTY), or call 217/785-3390. We will contact the appropriate agency to make arrangements. If a topic of particular interest to your group is not listed, please let us know and we'll do our best to accomodate your needs.

The Illinois Department on Aging does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with appropriate State and Federal statutes. If you feel you have been discriminated against, call the Senior HelpLine at 1-800-252-8966 (voice and TTY).



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